I am a self-motivated, hardworking and compassionate young lady who is always ready to embrace change as an opportunity and not as a challenge. With the understanding of the importance of reading, interpreting and understanding the importance of care plans, I have a passion in delivering person centred care to the best of my ability. I also have experience working with children and adults with autism, learning disabilities and behaviours of concern and dementia among others. While caring for them I have grown to understand that while delivering care in a person centred approach, we still have to encourage them to be independent so that they can live meaningful and fulfilling lives. There is also need to do this while maintaining their dignity and respect at all times. Safeguarding vulnerable adults from harm and abuse is also a very important objective in this line of work.